

ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1	Friday 2	3
SEPTEMBER		Hello		10:00 Exercise 10:30 Penny Pitch 2:15 Focus on Breath With Palak ML 2:30 Garden Harvest Time MDR 6:15 Bingo	10:00 Music And Movement 10:30 Table Tennis 2:15 Ice cream Social	10:00 Fun & Fitness 2:00 Bingo ML 6:30 Individual Activity
10:00 Horseshoes 2:30 Table Shuffleboard 6:30 Individual Activity -A	Labor Day 5 10:30 Catholic Mass 2:00 Bingo ML 6:30 Table Games	10:00 Fun And Fitness 10:30 The Alphabet Game 2:00 Atlantic City Poker Tournamnet 6:30 Card Games A	10:00 Morning Streth 10:30 Rosary MDR 1:30 Carshow 3:30 Music Therapy With Margie	10:00 Exercise 10:30 Table Shuffleboard 2:15 Settling In The Here And Now With Palak ML 2:30 Table Tennis 6:15 Bingo	10:00 Music And Movement 10:30 Back to School Categories 2:15 Celebrate Grandparents day with Pete Visilli MDR	10:00 Table Top Ball 2:00 Bingo ML 6:30 Individual Activity
Patriot Day 11 10:00 Ring Toss 2:30 You be The Judge 6:30 Individual Activity	10:30 Catholic Mass MDR 2:00 Bingo ML 6:30 Table Games	10:00 Fun and Fitness 10:30 Trivia Tuesday 2:15 Accordian performance With Eric Keressen MDR 6:30 Card Games A	14 10:00 Morning Stretch 10:30 Rosary MDR 2:15 Train The Mind To Stay Present With Palak ML	10:00 Exerice Class 10:30 Hoop Shots 2:15 Gentle Body Scan With Palak ML 2:30 Bowling MDR 6:15 Bingo	16 10:00 Music And Movement 10:30 Word Find 11:00 Music Therapy With Margie 2:15 Happy Hour ML	10:00 Fun And Fitness 2:00 Bingo ML 6:30 Individual Activity
18 10:00 Morning Stretch 2:30 Pearls Of Wisdom 6:30 Individual Activity	10:30 Catholic Mass MDR 2:00 Bingo ML 6:30 Table Games	10:00 Fun and Fitness 10:30 Word Find 2:15 Fall Crafts ML 6:30 Table Games A	10:00 Morning Stretch 10:30 Rosary MDR 2:15 Resident Council 3:00 Food committee	FALL BEGINS 22 10:00 Exercise 10:30 Balloon Volleyball 2:15 Art Class With Kathrina ML 6:15 Bingo	10:00 Music And Movement 2:15 Sitting Comfortable With Emotions With Palak ML 2:30 Ice Cream Cart	10:00 Fun And Fitness 2:00 Bingo ML 6:30 Individual Activity
Rosh Hashanah Begins 25 10:00 Exercise Time 2:30 Trivia Fun 6:30 Individual Activity	10:30 Catholic Mass MDR 2:15 Bingo ML 6:30 Table Games	10:00 Fun and Fitness 10:30 Trivia Time 2:15 Afternoon Music Concert With Scott Giaquinto MDR 6:30 Trivia Tuesday A	10:00 Morning Stretch 10:30 Rosary MDR 2:15 Power Of Intention Setting With Palak ML 2:30 Bowling MDR	10:00 Exercise 10:30 Ring Toss 2:15 Autumn Cooking Class MDR 2:15 Mantra Meditation With Palak 6:15 Bingo	10:00 Music And Movement 10:30 Autumn Categories 2:15 Coffee Cart ML	Calendar Is Subject to Change MDR – Main Dining Room ML – Main Lounge AAgripina